

BEGINNER 32 COUNT 4 WALL

Choreographer Lynne Herman (USA) & David Herman (USA) - August 2021

Music - Justin Wellington

INTRO: 16 COUNTS. BEGIN ON VOCALS.**TAG #1: END OF WALLS 1, 3, 4****TAG #2: END OF WALL 6****OPTIONAL: EXAGGERATE HIP MOVEMENTS AND WEIGHT CHANGES THROUGHOUT FOR A LATIN DANCE FEEL. SHAKE IT!****NOTE: SIMPLE STEPS DON'T HAVE TO BE BORING. FREE UP THOSE HIPS! EASY SPLIT FLOOR DANCE WITH GHYS/VANE "MY BESTIE"****S1: WALK X2, FWD MAMBO, BACK X2, BACK MAMBO****123&4** Step RF fwd (1); step LF fwd (2); rock RF fwd (3); recover weight to LF (&); step RF beside LF with weight (4)**567&8** Step LF back (5); step RF back (6); rock LF back (7); recover weight to RF (&); step LF beside RF with weight (8)**S2: RIGHT SIDE MAMBO, LEFT SIDE MAMBO, PADDLE 1/8 LEFT X2 (9:00)****1&2** Rock RF to right side (1); recover weight to LF (&); step RF beside LF with weight (2)**3&4** Rock LF to left side (3); recover weight to RF (&); step LF beside RF with weight (4)**56** Touch RF fwd, leaving weight on LF (5); push with your RF to turn 1/8th left, leaving weight on your LF (6) (10:30)**78** Touch RF fwd, leaving weight on LF (7); push with your RF to turn 1/8th left, leaving weight on your LF (8) (9:00)**OPTIONAL: SUBSTITUTE TWO 1/8TH HIP CIRCLE TURNS LEFT ON COUNTS 5-8****S3: TOE STRUT TO RIGHT DIAGONAL, TOE STRUT TO LEFT DIAGONAL, JAZZ BOX WITH CROSS****12** Step with right toe to right diagonal (1); lower right heel (2)**34** Step with left toe to left diagonal (3); lower left heel (4)**5678** Step RF across in front of LF (5); step LF back (6); step RF to right side (7); step LF across in front of RF (8)**OPTIONAL HEEL BOUNCES AND PRAISE HANDS, COUNTS 1-4:****1&2** Step RF to right diagonal, raising hands palms-up to right (1); raise right heel, slightly lowering hands (&); lower right heel, raising hands again, transfer weight fully to RF (2)**3&4** Step LF to left diagonal, raising hands palms-up to left (3); raise left heel, slightly lowering hands (&); lower left heel, raising hands again, transfer weight fully to LF (4)**S4: SIDE-TOGETHER-SIDE RIGHT, SIDE-TOGETHER-SIDE LEFT****1234** Step right with RF (1); step LF beside RF (2); step right with RF (3); touch LF beside RF (4)**5678** Step left with LF (5); step RF beside LF (6); step left with LF (7); touch RF beside LF (8)**OPTIONAL FOR FASTER FEET: SIDE-TOGETHER-SIDE-TOGETHER-SIDE-TOUCH X2****123&4&** Step right with RF (1); step LF beside RF (2); step right with RF (3); step LF beside RF (&); step right with RF (4); touch LF beside RF (&)**567&8&** Step left with LF (5); step RF beside LF (6); step left with LF (7); step RF beside LF (&); step left with LF (8); touch RF beside LF (&)**TAG 1 (END OF WALLS 1, 3, 4): V-STEP****12** Step RF fwd to right diagonal (1); step LF fwd even with RF to left diagonal (2)

34 Step RF back to original position (3); step LF back to original position beside RF (4)

TAG 2 (END OF WALL 6): V-STEP X2

12 Step RF fwd to right diagonal (1); step LF fwd even with RF to left diagonal (2)

34 Step RF back to original position (3); step LF back to original position beside RF (4)

56 Step RF fwd to right diagonal (5); step LF fwd even with RF to left diagonal (6)

78 Step RF back to original position (7); step LF back to original position beside RF (8)

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My Bestie Baby