

## **IMPROVER 48 COUNT 4 WALL**

Choreographer Niels Poulsen (DK) - August 2021

Music - Noel McKoy : (iTunes)

**INTRO: START AFTER 12 COUNTS, APP. 5 SECS. INTO TRACK. START WITH WEIGHT ON R FOOT, FACING 1:30**

**RESTART: ON WALL 5 (YOUR STARTING WALL), AFTER 12 COUNTS, FACING 1:30**

### **[1 - 6] L FWD, R SLOW KICK, R BASIC BACK**

**1 - 3** Step L fwd (1), hitch R knee (2), kick R fwd (3) 1:30

**4 - 6** Step back on R (4), step L next to R (5), change weight to R (6) 1:30

### **[7 - 12] FWD L, SWEEP R 1/8 L, HOLD, R TWINKLE**

**1 - 3** Step L fwd (1), turn 1/8 L on L sweeping R fwd (2-3) 12:00

**4 - 6** Step R towards L diagonal (4), step L towards L diagonal (5), turn body towards R diagonal stepping down on R (6)...

**\* RESTART HERE ON WALL 5, FACING 1:30 (TECHNICALLY YOUR FACE WILL BE FACING 12:00 BUT YOUR BODY WILL BE NATURALLY OPENED UP TOWARDS 1:30) 12:00**

### **[13 - 18] L WEAVE, R STEP SLIDE**

**1 - 3** Cross L over R (1), step R to R side (2), cross L behind R (3) 12:00

**4 - 6** Step R a big step to R side (4), slide L towards R (5), touch L next to R (6) 12:00

### **[19 - 24] SIDE L, ROND DE JAMBE, R SAILOR 1/2 R**

**1 - 3** Step L to side (1), swing R over L foot and around in a circular movement to R side (2-3) 12:00

**4 - 6** Cross R behind L turning 1/4 R (4), turn 1/4 R stepping L next to R (5), step R fwd (6) 6:00

### **[25 - 30] L FWD, SLOW R HITCH, R BASIC BACKWARDS**

**1 - 3** Step L fwd (1), start hitching R knee (2), finish hitch (3) 6:00

**4 - 6** Step back on R (4), step L next to R (5), change weight to R (6) 6:00

### **[31 - 36] FWD L, STEP 1/4 L, R WEAVE**

**1 - 3** Step L fwd (1), step R fwd (2), turn 1/4 L stepping down on L (3) 3:00

**4 - 6** Cross R over L (4), step L to L side (5), cross R behind L (6) 3:00

### **[37 - 42] SIDE L, POINT, HOLD, 1/4 R FWD, 1/4 R WITH L SWEEP**

**1 - 3** Step L to L side (1), point R to R side (2), HOLD (3) ... Styling for count 3: prep body L 3:00

**4 - 6** Turn 1/4 R stepping R fwd (4), start turning 1/4 R on R sweeping L fwd (5), finish turn (6) 9:00

### **[43 - 48] L CROSS ROCK SIDE, R CROSS ROCK SIDE WITH 1/8 R**

**1 - 3** Cross rock L over R (1), recover on R (2), step L to L side (3) 9:00

**4 - 6** Cross rock R over L (4), recover on L (5), turn body 1/8 R stepping R to R side (6) 10:30

**BEGIN AGAIN ☺☺☺**

**ENDING: WALL 10 IS YOUR LAST WALL (STARTS FACING 1:30/YOUR STARTING WALL). MUSIC SLOWS DOWN FROM COUNT 46 (R CROSS ROCK SIDE).**

**SLOW DOWN YOUR STEPS WITH THE MUSIC TURNING 1/4 R ON COUNT 48 AND STEP L FWD ...12:00**