

**ABSOLUTE BEGINNER 32 COUNT 4 WALL**

Choreographer Juliet Lam (December 2017)

Music Undress Rehearsal by Timeflies (Length: 3:34, BPM:123)

**INTRO : 16 COUNTS (APPROX. 8 SECONDS INTO TRACK)****SEC 1: RIGHT TOE STRUT, LEFT TOE STRUT, ROCKING CHAIR**

- 1 - 2 Touch right toe forward, drop right heel down putting weight on right  
3 - 4 Touch left toe forward, drop left heel down putting weight on left  
5 - 8 Rock forward on right, recover on left, rock back on right, recover on left

**SEC 2: WALK FORWARD X 3, KICK LEFT, WALK BACK X 3, TOUCH**

- 1 - 4 Walk forward right, left, right, kick left forward  
5 - 8 Walk back left, right, left, touch right beside left

**SEC 3: VINE RIGHT, 1/4 TURN RIGHT, HITCH LEFT, WALK BACK X 3, TOUCH**

- 1 - 4 Step right to side, step left behind right,  $\frac{1}{4}$  right, step right fwd, hitch left (3:00)  
5 - 8 Walk back left, right, left, touch right beside left

**SEC 4: V STEP, RIGHT FORWARD, LEFT FORWARD, BOUNCE TWICE**

- 1 - 4 Step right forward to right diagonal, step left forward to left diagonal, step right back to center, step left beside right  
5 - 6 Step right forward, step left forward next to right  
7 - 8 Raise both heels & bounce twice (Ending weight on left)

**REPEAT & ENJOY****CONTACT: JULIET LAM, LINGLING777@GMAIL.COM**